

This chart is the scientific truth...

If Your Blood Type is:	You Can Give Blood to:	You Can Receive Blood from:
A+	A+ AB+	A+ A- O+ O-
O+	O+ A+ B+ AB+	O+ O-
B+	B+ AB+	B+ B- O+ O-
AB+	AB+	Everyone
A-	A+ A- AB+ AB-	A- O-
O-	Everyone	O-
B-	B+ B- AB+ AB-	B- O-
AB-	AB+ AB-	AB- A- B- O-

However, here in the Philippines MOST doctors prefer to transfer exact matches. For example: Type A+ for A+ only.

IMPORTANT!!! Please identify your blood type while living in the Philippines.